

# NEW DIGITALIZED NEURO-FATIGUE MODEL/ PLATFORM.

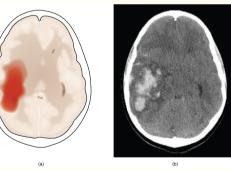
Brainey App. CEO and Founder Niamh Malone.

#### My story

1<sup>st</sup> Haemorrhage 46% of people die. If aneurysm not repaired/ treated within 48 hours a 2<sup>nd</sup> Haemorrhage will occur about 80% patients will die.

- Background.
- First app.
- Feedback.





Brain ages 3.6 years in each hour without treatment

Coiling.

## Understanding fatigue and stroke..

- Younger strokes survivors suffer far more with fatigue than people over 70 years.
- Age, fitness, diet, weight do not matter.
- "I'm exhausted, pace is too fast".
- "It is like struggling to climb a huge hill everyday with gale force winds".
- "Society do not understand young stroke survivors".
- "Somedays I don't have the energy even to complete a simple task".
- "I struggle to try and work out why I am so drained all the time".
- " Daily life is a challenge"

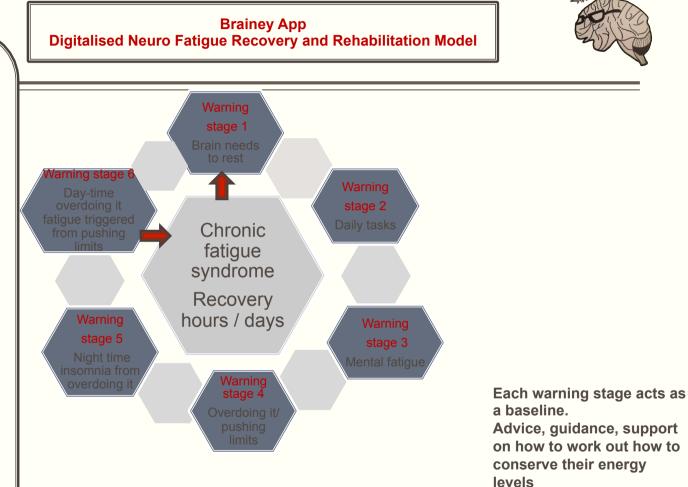
#### Neurotransmitters and plasticity.

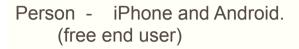
- Neurotransmitters.
- Plasticity.
- Nerve energy.
- Nerve fatigue.

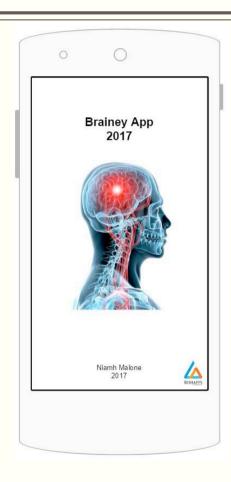


#### Benefits of Neuro Fatigue Model.

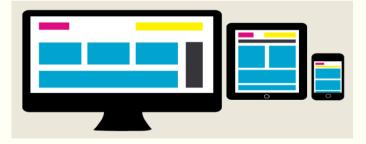
- Journey of recovery.
- · Life Changing.
- Holistic planned patient/ player centred approach to care.
- Treating energy like a "commodity".
- Conserving energy until it is required.
- Maximising their energy levels throughout the day.
- Overtime each patient builds up their own profile of recovery.
- In-patient acute setting, they are involved in their direct care as soon as their rehabilitation commences
- Advice, guidance and support.
- Able to manage their own fatigue- plan their day, take control of their life.
- Not just dependent on time they feel alert at.
- Reduces need for night sedation.
- Reduces visits to G.P.
- Reduces re-admissions back into hospital.
- Reduce repeated sports concussions.
- · Reduces mortality.
- Guidance/ advice to carer.
- Re-structured rehabilitation/ return to play to suit patient/ player with neuro fatigue.
- Education to healthcare professionals, coach and nursing staff.



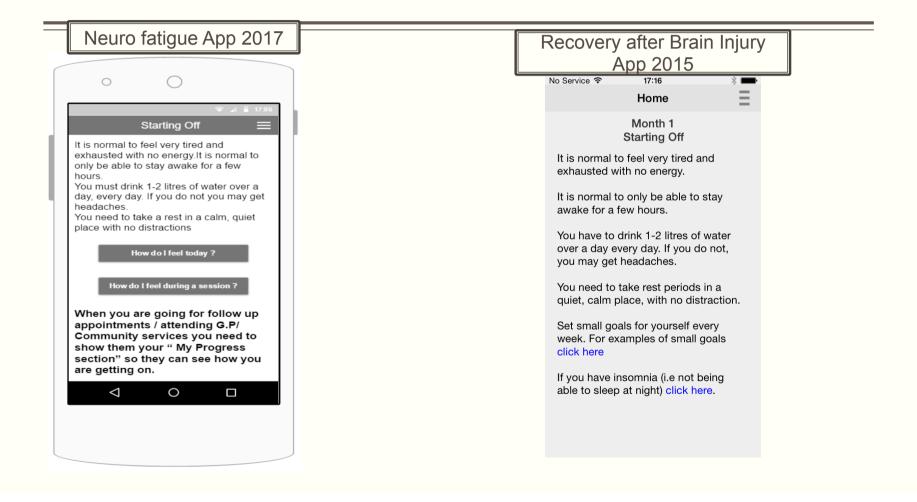


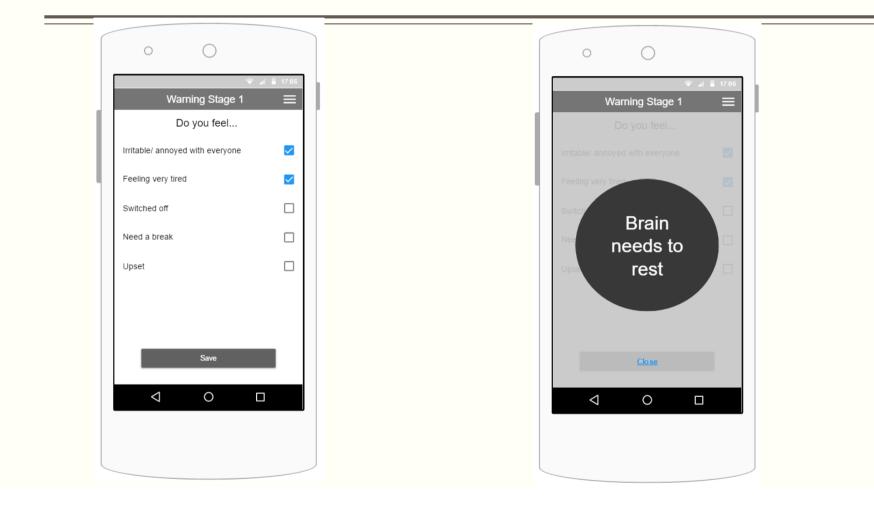


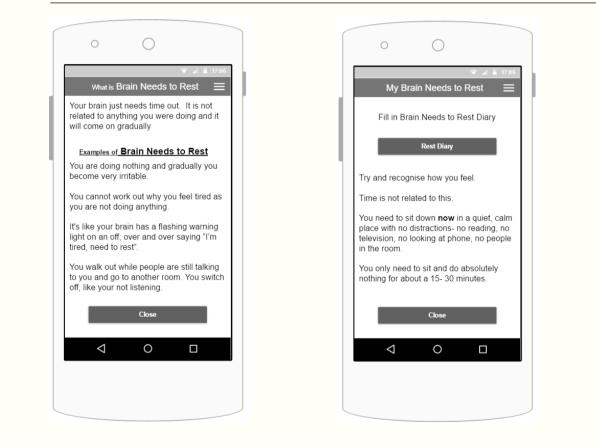
Healthcare Professionals interface- responsive website. ( licence, monthly, 6 monthly, yearly).











My Brain Needs to Rest $\equiv$	
	Diary What worked for
this happened	you
Day 1	
Day 2	
Day 3	
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Day 4	
Day 5	
Day 6	
Day 7	
Day 1	
Day 8	
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### Research.

- Research paper trial- 1 patient MS + 1 stroke survivorsongoing.
- ARCH pre-app- "Assessing the effectiveness of the "symptoms"/ "awareness / energy levels in an acute stroke unit and stroke rehabilitation unit".
- Validating the new platform and early warning stages.



