#### **Connecting People** Technology and Data as a Bridge to Integrated Care

The 20<sup>th</sup> National Health Summit

7<sup>th</sup> February 2024 Alastair Allen



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# The current state of the health sector

### EY

Building a better working world

#### EY Global Consumer Health Survey 2023



To better understand what consumers value in health care, in early 2023, EY researchers surveyed more than 6,000 consumers across six countries: the United States, Australia, Canada, Ireland, England and Germany. The EY Global Consumer Health Survey 2023 finds:

- Consumers prefer in-person care to virtual, meaning virtual experience should be refined to cater to consumer segments.
- Ease of using health care services, access and improving the health of the community are top drivers of health care performance, according to consumers.
- Consumers highly value access to care. However, they rated access to care below average (42%) across six surveyed countries.

Read the survey report for insights on five clear priorities for health executives:

- 1. Rethink how consumers access your system.
- 2. Empower consumers with digital tools and technology.
- Design better consumer experiences with data insights about your populations and their preferences.
- 4. Improve the virtual experience and integrate it seamlessly where it makes sense.
- 5. Educate consumers on the value of data sharing and new technologies to improving health.



Read the executive summary of the EY Global Consumer Health Survey 2023 by visiting ey.com/ConsumerHealthSurvey23 or scanning the code at left.

#### Demographic and financial challenges mean that health systems must transform to remain sustainable



- 14.2% in Latin America •
- 10.6% in the Middle East and Africa •
- 7.6% in the US
- 7.6% in Asia-Pacific
- 6.7% in Europe

**Clinician workforce shortage** 

**18m** 

Estimated global health care labor shortage by 2030\*

Sources: UN; NCBI; 2022 Global Medical Trends Survey report, Willis Towers Watson, EY Knowledge analysis.

\* According to the WHO, this figure has been updated to be 10m. However, we do not believe that the revised figure adequately represents the current and most likely future workforce shortage.

#### Despite record spending on health, significant challenges still remain

Respondents from the EY Global Consumer Health Survey 2023 reported room for improvement in the performance of health systems around the world, highlighting the need for new care delivery models that can achieve better outcomes.



Source: Peterson-KFF Health System Tracker, EY Global Consumer Health Survey 2023, World Bank, EY Knowledge analysis; Note: \*Findings taken from EY's survey of 6,021 individuals from six countries.

### Ease of using services, value for money and access to care are key factors for Irish service users.

To better understand what drives positive perceptions of the performance of health care systems, a driver analysis was undertaken that estimates the relative importance of different factors in determining the perceived performance of the health care system. The results were as follows:



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# Five learnings for integrated care

#### Five learnings for integrated care

Learn #1	<ul> <li>Embed digital across all health and care settings</li> <li>Create the conditions for individual and collective health to flourish</li> <li>Transform to new care delivery models that are not centred around individual provider organisations</li> </ul>
Learn #2	<ul> <li>Adopt a person-centred approach to data</li> <li>Establish a core data "info-structure" based on open, vendor neutral healthcare standards</li> <li>Mix and match with existing systems to establish a smart health ecosystem</li> </ul>
Learn #3	<ul> <li>Provide intelligent services that are easy to use</li> <li>Shift from 1990's style service to intelligent services that are intuitive and simple to use</li> <li>Accelerate and adopt new advances in technology that can enable earlier and more effective diagnoses</li> </ul>
Learn #4	<ul> <li>Provide personalised "health" care where and when it is needed</li> <li>Empower individuals to take greater personal control of and responsibility for their own health</li> <li>Leverage technology to deliver care out of the hospital and close to the home</li> </ul>
Learn #5	<ul> <li>Deliver user centred outcomes</li> <li>Understand the problem to be solved and engage with users to identify their needs</li> <li>Combine with good data and intelligent services to deliver improved outcomes</li> </ul>



Learn 1: Embed digital across all health and care settings.



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Any organisation that designs a system will produce a design whose structure is a copy of the organisation's communication structure.

Melvin E. Conway

### How health and care organisations communicate...



### ...reflects how information is used and shared by health IT



## Learn 2: Adopt a person-centred approach to data

EY

### The power to transform and personalise health care is limited because of fragmented health data

### 16 distinct EHRs

Hospitals had a multitude of EHRs on average, with 75% of hospitals having at least 10 EHRs in place, according to an HIMSS study of 571,045 providers affiliated with 4,023 hospitals. hospitals in the US could receive health info electronically from outside sources in 2021 according to HealthIT. The number was 48% for rural hospitals.

**Only 62%** of

### At least 21

### different

EMRS that are

unable to effectively share information were being used in the NHS, according to the Institute of Global Health Innovation (IGHI) at Imperial College London

Fragmented data is stuck in silos							
Hospital		Diagnostic		Surgery center			
Primary care		Consumer		Imaging			
	SDOH		Urger	it care			

Due to different care settings using disparate systems and data standards to store data, aggregating consumer data remains a challenge.

Source: News articles, blogs, reports, EY Knowledge analysis.



The future health and care information platform we describe separates the architecture into different layers that organize transactions and interactions:

- The data layer
- The application layer and the logic layer

A new information architecture will shift from siloed vaults of data that don't talk to each other to a more harmonized arrangement of organized and complete data.



Present: Many systems all with intimately bound data logic and applications

In five years Systemic design Common standards Mobile where data is: apps Provenanced EHR loT core Permissioned Persistent Logic units AI Medical Voice devices ogic AI Social Wearables determinant AI Billing Implants and Logic units reporting Persona Sensors Secure devices Cloud-based al health care ide Modular plug-and-play

**Future:** A cohesive technology stack, giving a unified experience for clinicians, professionals and patients; unique data at the center accessed by applications in real time through micro-services



A more flexible, dynamic infrastructure will be built around existing systems, communicating through standard interfaces like Fast Healthcare Interoperability Resources (FHIR) and web application programming interfaces (APIs).

The APIs of today will not only inform the technical design of tomorrow, but also bridge the gap in data models and current absence of system-level design. In the future, systemically architected systems will mean that this bridging function will not be needed.

In the near term, platform-based systems and legacy EHRs will coexist by maintaining basic functionality in legacy systems while building and innovating in a platform-based environment.





### To achieve a smart health vision, health systems need to be able to pull insights out of their ecosystem data



EY

Source: News articles, blogs, reports; EY Knowledge analysis

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#### Global health systems who are adopting a person-centred approach

**London:** NHS in London deployed the openEHR platform provided by Better across five integrated care systems, 40 NHS trusts and 1,400 general practices that will enable Londoners to have their care information shared digitally city-wide with health and care professionals.

Nova Scotia: Implementing One Person One Record (OPOR) — an integrated electronic care record for 1 million citizens that will replace or connect more than 80 systems that health professionals are currently using.

> **Catalonia:** For providing integrated care, the National Health System of Spain is creating a longitudinal electronic health record on a platform based on openEHR standards covering eight million citizens and 60 hospitals.

**Norway:** Under its principle of "One citizen-One health record," Norway implemented a unified, digitized health record integrating patient data and giving them access for their active involvement in their care process.

Slovenia: Slovenia has deployed a Clinical Data Repository (CDR), which collects patient data in an open, structured and vendor-neutral format connecting more than 2.1 million patients across 35 hospitals and 57 primary care centers.

Source: News articles, blogs, reports; EY Knowledge analysis.

Learn 3: Provide intelligent services that are simple to use.

EY

In my lifetime, I've seen two demonstrations of technology that struck me as revolutionary...the GUI and ChatGPT

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**Bill Gates** 

#### But digital health in 2024 is still built using 1990's GUI concepts



#### Voices in Health Care 2023

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Burnout is the thing that encompasses everything. There is a combination of loss of accomplishment, a loss of gratification, a loss of control and just feeling like I don't get the joy out of my work that I used to. I feel like it's not going to get any better.

#### Physician, US

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Unless we build a system where less severe disease can be treated more cheaply via self-medication, hospitals cannot focus on patients who actually need treatments at hospitals.

Health executive, Japan

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Unfortunately, in many cases, administrative activities have started to consume a significant part of a doctor's day, sometimes even up to 50%. This approach of burdening doctors, who are already expensive resources, with extensive administrative duties is organizational madness. The system often takes advantage of doctors' dedication to their work, adding more tasks until they reach their limits.

Physician, Germany

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The medical workforce in the past was willing to do exceptional hours, long working hours, much more than standard 40-hour working weeks. The new generation of doctors is much more focused on work-life balance. So not only are there less doctors, the doctors that are there want to work less, so it's a double-edged sword.

Health executive, Australia

Al is transforming the way that health services are being delivered by automating repetitive tasks performed by physicians; enhancing supply chain efficiencies by forecasting demand; reducing unplanned hospital admissions and helping hospital administrators optimize performance, promote productivity and improve use of existing resources.

Al has the potential to improve patient outcomes by 30%-40% while reducing treatment costs by up to 50%.

Ninety-eight percent of senior health care executives either have an AI strategy or are planning one, while 96% believe that AI will play an important role in targeting health equity.

Source: News articles, blogs, reports, EY Global Health Care Consumers and Value survey; EY Knowledge analysis.

In the EY Global Consumer Health Survey (2023) (n=6021), 52% of respondents stated that artificial intelligence technology will be commonly used in the health care industry in the next 10 years.

More than 1,500 health care Al vendors have entered the market, and more than half were founded within the last seven years.

#### For both the patient and clinician, AI can improve the experience



Source: News articles, blogs, reports; EY Knowledge analysis.

Assisted image reporting Enhanced imaging diagnostics for earlier clinical intervention

Virtual wards and specialty monitoring Monitoring long-term care patients using wearables and AI

#### **Promoting value-based care**

Predicting outcomes and identifying preventative care opportunities

Health data management using Al

Speech recognition, intelligent medical coding and maintaining data quality

**Optimization of system resources** Smart routing of workforce for managing demand

#### **Robot-assisted procedures**

Assistive robots embedded with machine learning for accuracy and precision

#### Personalized treatment and apps, wearables, IoT and DTx

Clinical decision-making aided using AI; patient self-monitoring through consumer- and clinicalgrade connected devices

Wider patient context to assist care and advance health equity AI helping to identify SDOH to advance health equity



#### Generative AI will disrupt the future of care delivery

Waves of generative AI disruption



Automation of repetitive and manual work

Personalisation of care at scale

Next

6 months



"Disruption" of existing care models

**Collect & transcribe** voice data, metadata and combine with medical record/patient history to create a **dynamic health profile** including priority health concerns and possible course of action."

**66** Refer to patient history, genetics, & current condition/diagnosis to **create a personalized treatment plan** for review by the attending medical professionals."

**66** Incorporate patient **population/cohort data** as foundation model augmentation and refinement for specific generative healthcare applications."

Source: EY-Parthenon



Action 4: Provide personalised "health" care where and when it is needed.



### Health systems must pivot to offer consumers what they value most: access to care

The EY Global Consumer Health Survey 2023 studied responses from 6,021 participants from six countries to understand perceptions of value and what matters most to consumers.

When asked what they value most from their health care system, ~60% respondents chose access to care when needed as being of value to them.

They also demonstrated openness to nontraditional care delivery. When asked about their willingness to be treated by new technologies, consumers confirm that they are prepared to:



Source: EY Global Consumer Health Survey 2023 Global findings; EY Knowledge analysis.

#### Irish service users are open to digitally enabled care, genetic testing, using -wearables and being treated at other non-traditional care locations.

When asked about their willingness to be treated by new technologies, consumers confirm they are prepared to:



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### Hospital-at-home is being adopted globally as it lowers readmission rates, costs and patient frustrations



Source: News articles, blogs, reports, EY Knowledge analysis

# Shift 5: Deliver user-centred outcomes.

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### **Digital transformation**

### **Digital** transformation

### User needs





### User needs + Intelligent Services = Transformation + Person-centred Data



#### Summary

 Built on connected and open digital platforms that unite data from across the ecosystem.

- Keeps patients healthier at home longer and prevents the progression of disease to crisis points.
- Wearables and connected devices help care teams monitor important biometric data in the home or anywhere.
- Digital command centers can alert the care team to act if certain readings warrant a virtual call or a home health visit.
- Artificial intelligence (AI) can be incorporated to flag changes in readings and escalate them to the staff.



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## The most important conversation around the future of health care is not about the shift to digital. It is about people.

How EY can help



#### Learn more

**Read** the full suite of EY Smart Health points of view at <u>EY.com/smarthealth</u>.

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**Explore** <u>EY.com/health</u> for additional health sector thought leadership.

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